

EVS Class 2

Chapter 6 : Our Food - Answer Key

A. Multiple Choice Questions (MCQs)

1. Potato
2. Plants and animals
3. Body-building food
4. Protective
5. Dinner

B. Fill in the Blanks

1. Food gives us energy to work and play.
2. Cooking makes the food soft and tasty.
3. Cooked food is easy to digest.
4. Fruits and vegetables are protective foods.
5. We should never waste food.

C. True or False

1. True
2. False
3. True
4. True
5. False

D. Short Answer Questions (Sample Answers)

1. We need food to live, grow, and get energy.
2. Energy-giving foods give us energy to work and play.
3. Protective foods keep us healthy and protect us from diseases.
4. We should wash our hands before eating and eat fresh food.
5. Rice, wheat, and fruits.