

GK-1

Chapter 23: Golden Habits - Answer Sheet

Multiple Choice Answers

1. b) Washing hands after school
2. b) Waste food
3. a) Sleeping with shoes on
4. c) Eating vegetables regularly

Fill in the Blanks Answers

1. waste
2. Brushing
3. healthy
4. vegetables

True or False Answers

1. False
2. True
3. True
4. False

Match the Following Answers

A - 3 (Brushing teeth - Keeps mouth clean)

B - 1 (Eating vegetables - Good for health)

C - 2 (Washing hands - Keeps germs away)

D - 4 (Biting nails - Bad habit)

Short Answer Answers

1. Washing hands regularly removes germs and prevents diseases.
2. Brushing teeth daily and washing hands before meals.
3. We should not waste food because many people do not get enough food.
4. If we do not brush our teeth, cavities and tooth decay can occur.