

GK-2

Chapter 42: Fun with Yoga - Answer Sheet

MCQs

1. b) Tree Pose
2. a) Savasana
3. c) Whole body

Fill in the Blanks

1. strength
2. Savasana
3. balance

True / False

1. True
2. False
3. False

Short Answers

1. Yoga keeps us healthy and calm.
2. Tree Pose and Savasana.
3. It relaxes the body and mind.