

GK-2

Chapter 24: Cleanliness and Hygiene – Worksheet

Multiple-Choice Questions (MCQs)

1. We should wash our hands before:

- a) Playing b) Eating food c) Sleeping d) Watching TV

2. Brushing our teeth twice a day keeps our teeth:

- a) Weak b) Dirty c) Healthy d) Yellow

3. We should trim our nails:

- a) Once a year b) Every week c) Never d) Daily

4. Dirty surroundings can cause:

- a) Good health b) Diseases c) Happiness d) Strength

Fill in the Blanks

1. We should take a _____ every day.
2. _____ is important for staying healthy.
3. We should keep our surroundings _____.
4. Flies sitting on food can spread _____.

True or False

1. Cleanliness helps prevent diseases. (True/False)
2. We should share our toothbrush with others. (True/False)

3. Wearing clean clothes keeps us healthy. (True/False)

4. We should throw garbage in the open. (True/False)

Match the Following

a) Bathing daily

i) Prevents diseases

b) Throwing garbage in dustbin

ii) Healthy teeth

c) Brushing teeth

iii) Keeps body clean

d) Clean surroundings

iv) No littering

Short Answer Questions

1. Why should we wash our hands before eating?

2. Why is brushing our teeth important?

3. How does cleanliness keep us healthy?

4. List two good hygiene habits.