

GK-6

Chapter 12: Miracles of Nature - Worksheet

A. Multiple Choice Questions

1. Which plant is known for treating burns and skin problems?

- a) Tulsi
- b) Aloe vera
- c) Amla
- d) Clove

2. Which medicinal herb is used to treat colds and respiratory problems?

- a) Turmeric
- b) Neem
- c) Tulsi
- d) Cinnamon

3. Amla is a rich source of:

- a) Vitamin A
- b) Vitamin C
- c) Vitamin D
- d) Vitamin K

4. Which herb has antiseptic and antibiotic properties?

- a) Wild turmeric
- b) Pudina
- c) Black pepper
- d) Ginger

B. Fill in the Blanks

1. _____ is used in cosmetics and medicines for treating burns.
2. _____ is also known as Indian gooseberry.
3. Tulsi is helpful in treating cold, asthma, skin and _____ problems.
4. Wild _____ has antiseptic and antibiotic properties.
5. Black pepper boosts _____ blood cells to fight diseases.

C. True or False

1. Aloe vera has no medicinal properties. (True/False)
2. Amla helps treat cough and cold. (True/False)
3. Tulsi is not useful for respiratory problems. (True/False)
4. Wild turmeric is used for its healing properties. (True/False)

D. Match the Following

- | | |
|------------------|--------------------------------------|
| A. Aloe vera | 1. Rich source of Vitamin C |
| B. Amla | 2. Used for burns and skin treatment |
| C. Tulsi | 3. Respiratory and skin problems |
| D. Wild turmeric | 4. Antiseptic properties |

E. Short Answer Questions

1. What are the medicinal benefits of Aloe vera?
2. Why is Amla considered a miracle fruit?
3. How does Tulsi help in maintaining good health?
4. What are the uses of wild turmeric?
5. Why is black pepper important for immunity?