

GK-7

Chapter 44: Basic First Aid – Worksheet

Multiple-Choice Questions

1. What should you do first when you see an injured person?
 - a) Run away
 - b) Stay calm and assess the situation
 - c) Give water immediately
 - d) Call friends

2. Which number should you call during a medical emergency in India?
 - a) 102
 - b) 104
 - c) 112
 - d) 100

3. What is used to stop bleeding?
 - a) Cotton and bandage
 - b) Paper
 - c) Soap
 - d) Ice cream

4. What should you apply on a minor burn?
 - a) Toothpaste
 - b) Cold water
 - c) Oil
 - d) Powder

Fill in the Blanks

1. First aid is the _____ help given to an injured person.
2. For a nosebleed, the person should lean _____.
3. A clean cloth can be used to stop _____.
4. Burns should be washed under _____ water.

True or False

1. We should panic when someone is injured. (True/False)
2. First aid can save lives. (True/False)
3. Applying ice directly on burns is recommended. (True/False)
4. Keeping a first aid kit at home is important. (True/False)

Match the Following

- | | |
|--------------|-----------------------------|
| 1. Bandage | a. Emergency number |
| 2. 112 | b. Used for covering wounds |
| 3. Burn | c. Stay calm and help |
| 4. First Aid | d. Cool under water |

Short Answer Questions

1. What is first aid?
2. Why is it important to stay calm during an emergency?
3. Name any two items found in a first aid kit.
4. What should you do if someone faints?