

SST Class 2

Chapter 3 : We Need Food - Answer Key

A. Fill in the blanks

1. grow
2. energy
3. plants
4. first

B. Answer the following questions

1. We need food to live, grow and stay healthy.
2. Rice and bread give us energy.
3. Milk and eggs help us to grow.
4. Breakfast is the first meal of the day.

C. Multiple Choice Questions

1. (a) grow
2. (b) Milk

D. True or False

1. True
2. False
3. True
4. False

E. Activity

1. (Names of three foods eaten daily)
2. (Student's drawing of a healthy food item)